



**THE TRANSFORMATIVE POWER
OF A PROACTIVE INJURY
MANAGEMENT STRATEGY:**

Improve employee health, save on costs,
and minimize the risk of recordability



WORKPLACE INJURY CARE

On average it costs

\$40,000
per medically
consulted
workplace injury

*According to the
National Safety Council*

A 2022 report

Workplace injury management is an essential piece of an effective safety program, providing a structured approach to help employees successfully recover from work-related injuries. A well-designed injury management program doesn't just treat physical wounds - it addresses the logistical and financial complexities that arise when an employee is injured on the job.

By focusing on prompt treatment, effective recovery plans, and claims management, these programs help support the long-term health of both your workforce and your business.

THE PIT FALLS OF A ONE-OFF APPROACH

Injury management can be complicated, and a reactive approach to incidents can lead to an array of issues:

Delays in care



due to clinic hours, wait times, and not utilizing alternatives such as tele-triage for immediate first-stop of care.

Threat of recordable injuries



increases when protocols are not clear, increasing the risk of a minor incident quickly becoming a recordable injury and increasing your Total Recordable Incident Rate (TRIR), as well as your Experience Modification Rate (EMR). This can have costly ramifications.

High costs



in the journey from initial clinic costs to the overall expenses of workers' compensation claims, insurance premiums, and the cost of potential lost business.

A minor sprain at work can lead to shocking costs. According to the National Safety Council,

The total average cost of a work-related sprain is around \$16,217

(for direct and indirect costs).

Inadequate care



of injuries by getting treatment without an understanding of vital functions of the job and not providing a treatment plan to get employees back to duty status.

Difficulty managing multiple inputs



with various providers with different motives can lead to a lack of transparency. Juggling multiple inputs leads to holes in communication, difficulty streamlining documentation, coordinating care, and is an administrative burden.

PRECISION MEETS COMPASSION **THE EXAMINETICS APPROACH**

Our effective injury management approach provides significant benefits throughout the treatment process for both the employer and employee. We monitor care at every stage, minimizing unnecessary treatment and claims.

By working directly with your company, we schedule visits and streamline processes for both you and your employees. Our focus on understanding and avoiding missteps in occupational healthcare reduces your workload, while ensuring that employees receive the right treatment at the right cost.



SAVE MONEY

Building a well-structured program with a knowledgeable partner with a variety of care options leads to significant cost savings.

There are savings upfront

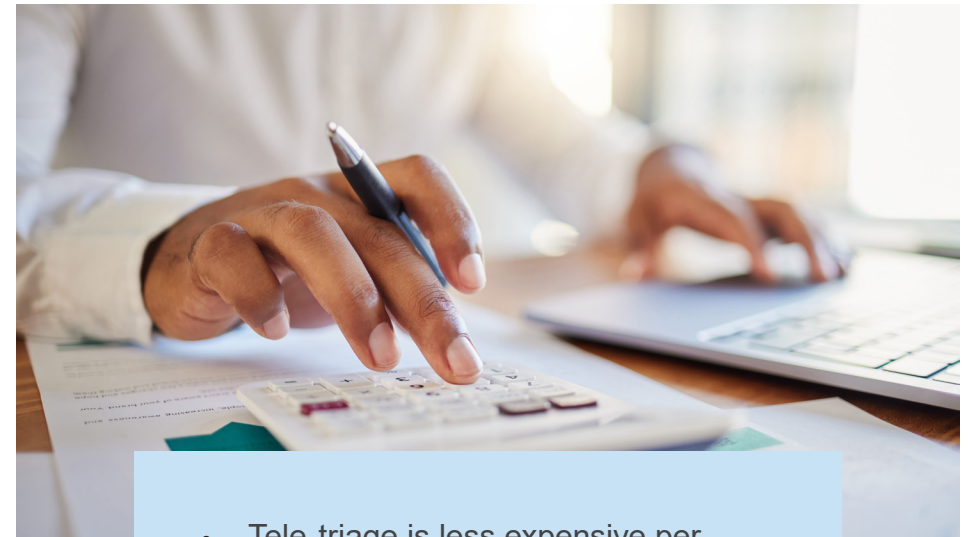
One way to address incidents is through tele-triage, where employees call a clinician for an immediate assessment. When an incident is resolved through tele-triage, you receive cost-effective first-aid care, and completely avoid costs associated with clinics, claims, or other safety fines and ramifications.

If an incident requires a clinic visit, our case management services also provide upfront savings. By coordinating with the treating clinician, we help you save money on unnecessary treatments and strive to keep the incident under first-aid, as well as negotiating clinic bills post-visit.

There are indirect and ongoing savings

Reducing the quantity of insurance claims leads to less costly insurance premiums. We work to improve your safety rating (TRIR), so you have more opportunities when safety ratings affect business operations or bidding on new business.

You also save money by minimizing productivity loss with our convenient care options. When an incident is resolved through tele-triage, your employees stay onsite and reduce disruption to operations. When clinic care is involved, we coordinate with the treating clinician to reduce your administrative tasks. And by tailoring treatment plans with the clinician, we can help reduce long-term injuries that affect return to duty status.



- Tele-triage is less expensive per incident, which lowers your cost per case to significantly reduce overall injury costs
- Reduce lost time from work - instant access to medical assistance increases worker productivity (15 min. average tele-triage time vs. 3 hours offsite)

REDUCE RECORDABLE INCIDENTS (TRIR)

Understanding what triggers recordable incidents and implementing simple changes can keep your injury management program running effectively.

Implementing an effective process

Establishing a clear tele-triage and case management process with an occupational healthcare company can significantly reduce recordable incidents. This process provides the expertise to triage injuries for prompt and appropriate treatment, while also keeping injuries under first-aid whenever possible. Prompt reporting and immediate access to care keeps injuries from worsening over time.

Identifying and correcting common causes

By reviewing common causes or complications of incidents in your program such as poor ergonomics or delayed employee notification, you can proactively address potential issues before they escalate. Small adjustments, like enhancing training, improving workplace ergonomics, or refining job descriptions to accurately match vital job functions, can all have a significant impact on your recordable log.

These measures in tandem not only prevent minor injuries from becoming recordable events but also help maintain compliance and reduce costs associated with workers' compensation claims.



- Through tele-triage there are less recordable cases since all treatment is classified as “First-Aid” under OSHA standards
- Within tele-triage no claims are filed with your insurance carrier, this leads to improved MOD Rates and lowers Workers Comp Insurance Premiums
- Reduce future avoidable injuries

A Case Study Analysis: **MAXIMIZING ROI WITH TELE-TRIAGE**

A utility service company had an Experience Modification Rate (EMR) that had continued to increase steadily over a five-year period

We helped analyze their current approach by:

- Evaluating their last 3-year lost run data.
- Reviewing current injuries. Most injuries were minor, but due to the remote nature of their project sites they were using emergency rooms to treat injuries.
- Looking at their current recordables. They had a high percentage of OSHA recordable events when the level of treatment provided was not in line with the injury sustained.



We implemented a new injury management program that focuses on our tele-triage program.

This change led to dramatic improvements.



In the first three years of the program, **we were able to keep 64% of cases under tele-triage. This immediately impacted their EMR rate, lowering it from 1.27 to 1.01.**



The program reduced costs by 51%.



Employees felt there was a substantial improvement in the level of care they were receiving.

ONE POINT OF CONTACT

Having one point of contact for injury management streamlines the entire process, providing comprehensive support with an advocate at every stage.

Programs built on our knowledge and your data

We help you build a tailored program to fit your needs, by taking your incident logs, loss-run data, MOD/DART/TRT rates and other data to create a customized program. With our knowledge of occupational healthcare and safety regulations combined with your company data, we create the best program for you.

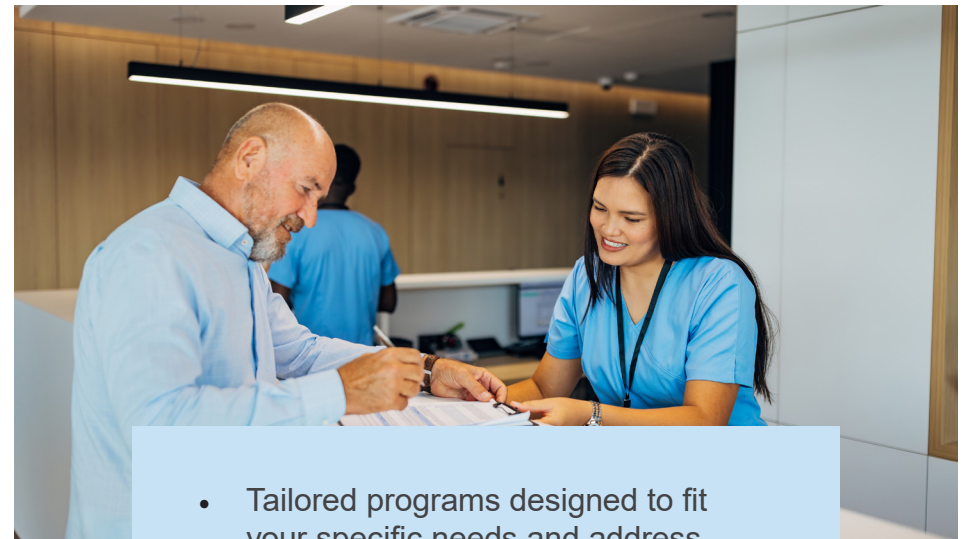
Injury care is convenient and thorough

With the ability to provide on-demand tele-triage and near-site clinic injury care, we deliver prompt treatment and a continuous plan of care. For clinic visits, we schedule directly with your employees to take the burden off you and keep the process moving so injuries don't stagnate. This also ensures employees are visiting an occupational healthcare clinic that is following the right protocols and gives you consolidated data.

Advocates for you at every stage

Our goals align with yours. As your advocate, we aim to keep your employees healthy, maintain a positive safety reputation, and save you money. We are here to manage injuries directly, reduce recordable events, and provide claims administration when needed. Additionally, we negotiate costs, track injury reports and data, and help improve your overall approach to injury management.

With a single, consistent resource, you always have an answer and experts working on the back end to keep you compliant.



- Tailored programs designed to fit your specific needs and address areas of improvement
- Timely care and follow ups help ensure efficient incident resolution
- Consolidated injury management that delivers treatment coordination, incident oversight, claims administration, and data reporting; all with one company.

A Case Study Analysis: **OPTIMIZING CLINIC CARE**

A manufacturing company was in an area with limited options for occupational medical clinics

Their current approach had issues that needed to be addressed:

- There was only one clinic that was within an acceptable travel distance to the plant.
- The clinic's knowledge of treatment plans that would provide the appropriate care to employees, while protecting the interests of the company, was limited.

We audited the clinic and discovered that the staff lacked an understanding of OSHA recordability that was negatively impacting the employer.

We implemented case management process for all work-related injuries

The new case management approach provided positive returns in multiple ways.



Oversight of all clinic-based care.



Educated clinics on how to develop treatment plans that remain under the “first aid” umbrella.



In the first two years, reduced OSHA recordable events by 25.



Lowered EMR from 1.13 to .98 which lowered their insurance premiums \$62,500 annually.

EXCEPTIONAL CARE & INCREASED SATISFACTION

Our approach and care provides the resources you need while improving employee satisfaction across the board.

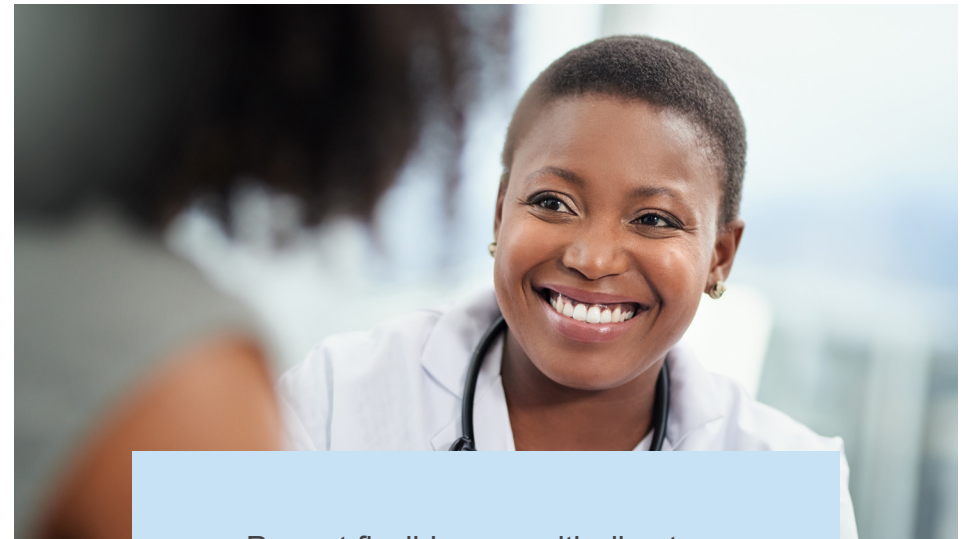
Complete support for employees

Our injury management services prioritize exceptional care, delivered through flexible methods to ensure every employee feels supported. Whether it's tele-triage, clinic care, or follow-up communication, employees have a reliable point of contact when incidents occur. This consistent support ensures they receive prompt help, for greater satisfaction and trust.

We handle scheduling, maintain ongoing communication, treatment recommendations, and address any questions employees may have. This approach keeps them informed and confident.

Stress relief for safety managers

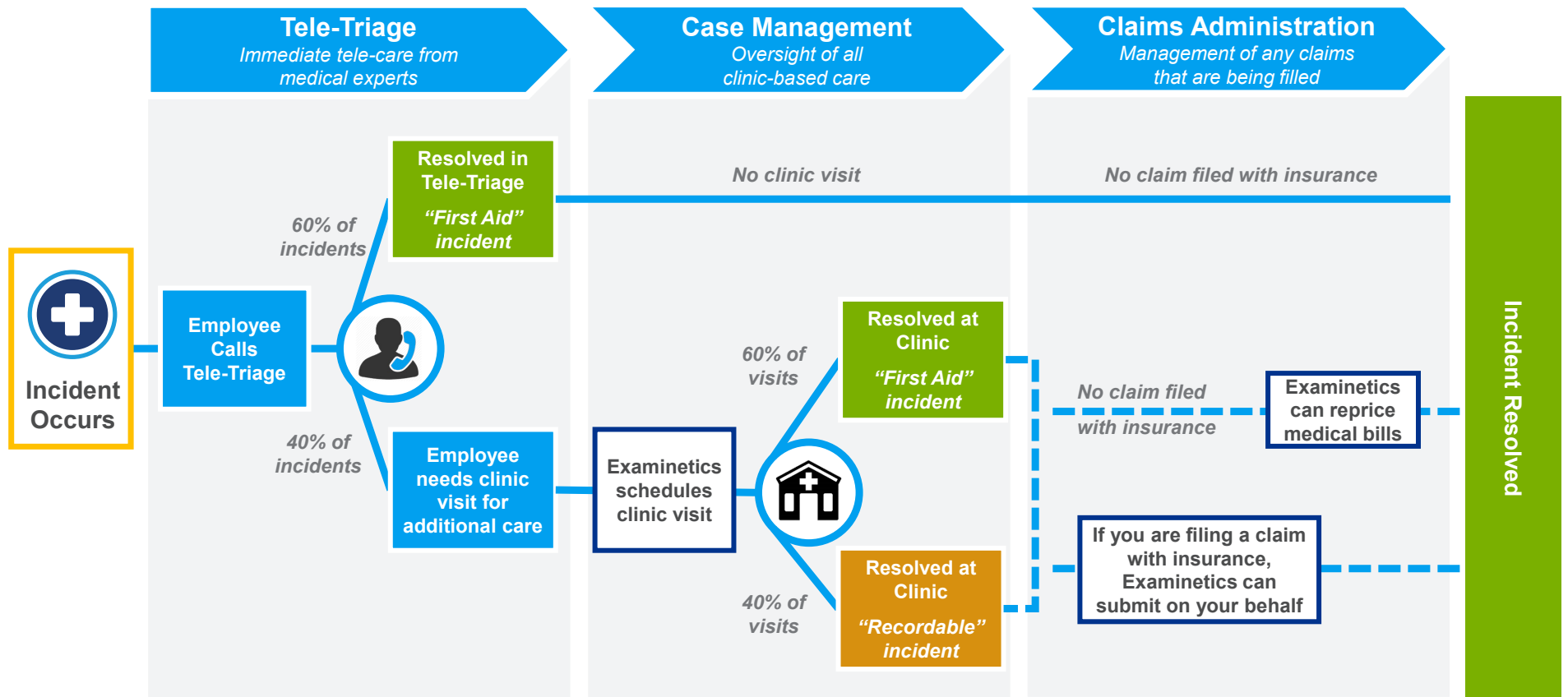
We offer the expertise and coordination needed to navigate injury incidents smoothly. Our team alleviates the pressure on safety managers to make urgent decisions by providing clear, actionable guidance. From scheduling care to managing follow-ups, we streamline the process, while ensuring compliance with protocols. With our support, safety managers can focus on broader safety initiatives, knowing that injury management is handled.



- Prompt flexible care with direct communication and scheduling improves the employee experience
- Clear processes and guidance for peace of mind

OUR INJURY CARE FLOW

We resolve incidents quickly and with the least amount of impact at every stage.



Start your program today

Request a Quote at www.examinetics.com | or Call at 800-493-5377

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